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Microbiome, Gut and Systemic Health: New Frontiers in Personalised Nutrition



NMI SUMMIT 2023

Microbiome, Gut and Systemic Health: New Frontiers in Personalised Nutrition

Date: 13-14 October 2023

Location: Millennium Gloucester Hotel
South Kensington
London, England

NMI Summit 2023 **Microbiome, Gut and Systemic Health: New Frontiers in Personalised Nutrition** will provide you with new insights into nutritional therapies that can improve function and health outcomes in a highly personalised way, from gastrointestinal to whole person health.

[Learn more and book now](#)

Event highlights:

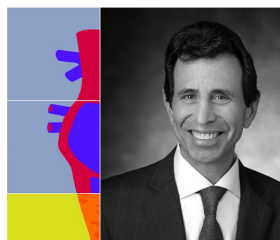
- Special theme of personalised nutrition, the microbiome, and nutrigenomics
- 12 presentations from world-leading researchers, scientists, and clinicians
- Healthy morning snacks, break refreshments, and lunch inclusive
- Exhibition area featuring leading brands and services
- Conference tote bag with sponsor samples and giveaways
- Gala Evening social event included with your ticket
- Course materials including notes, supplementary research, and video recordings
- 9.5 accredited hours continuing professional development (CPD) points

Topics include:

- Advances in microbiome-diet research
- Functional digestive disorders
- Inflammatory bowel diseases
- Food intolerances and sensitivities
- Gluten intolerance and celiac disease
- Prebiotics, probiotics, and postbiotics
- Microbiome-diet interactions with health and disease

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Our speakers:

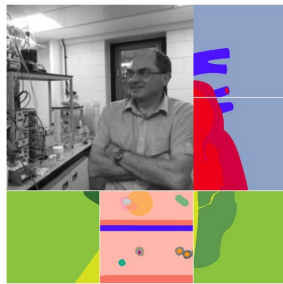


Gerard Mullin, MD

Talk titles:

- Nutritional Modulation of Functional Gastrointestinal Disorders
- Nutritional Modulation of Inflammatory Bowel Disease

[See Bio](#)



Glenn Gibson, PhD

Talk titles:

- Gut Microbiome Primer: An Alphabet of Gut Microbiology
- Prebiotics and Probiotics in Health and Disease: Current Clinical Science

[See Bio](#)

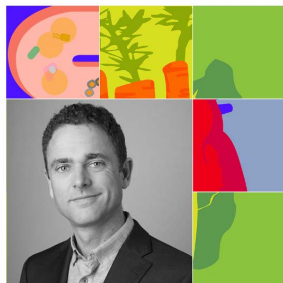


Justine Bold, BA (Hons)

Talk titles:

- Gluten Intolerance and the Microbiome: Opportunities for Clinical Management
- Chronic Pain Management, the Microbiome, and Nutrition

[See Bio](#)



Benjamin Brown, ND

Talk titles:

- Therapeutic Diets for Gut Health: Benefits, Risks and Personalisation
- Targeting Interventions to Food Intolerances

[See Bio](#)

*More speakers to be announced.
Early bird tickets are available until 19th August 2023.*

[Learn more and book now](#)