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Dr Minich is a true pioneer in the field of personalised nutrition. Her research has included clinical trials exploring personalised nutritional interventions, and seminal papers defining personalised nutrition and lifestyle medicine. Her talk themes include personalised nutrition for female health, and how the unique psychology of an individual and professional-patient relationship can help shape personalised care.

NMI Summit 2022

7-8 October | London

For more information, click on the link in our bio!

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Link for bio:

<https://www.nmi.health/summit2022/>