

# Event Announcement

## PERSONALISED NUTRITION VIA THE MICROBIOME, GENOME & BIOMARKERS

Recent Advances &  
Clinical Applications

NMI Summit

7-8 October 2022



### Personalised Nutrition via the Microbiome, Genome, & Biomarkers

The realisation of evidence-based personalised nutrition is a major priority, which is why the NMI Summit Personalised Nutrition via the Microbiome, Genome, and Biomarkers: Recent Advanced and Clinical Applications brings together leading experts on this important topic.

Individual data from biomarkers related to the microbiome, genome, and nutrition has the potential to complement traditional factors such as health history, family history, environment, lifestyle, and behaviour by enriching the development of individualised care.

This event brings together world-leading pioneers in the fields of nutrigenomics, the microbiome, and clinical nutrition including some of the most highly cited and published researchers in their respective fields and clinicians who are translating discoveries to practice.

Take a deep dive into the future of personalised nutrition and discover recent advances in nutrigenomics, the microbiome, and biochemistry uncovering how we can measure and use this information to improve people's health.

We will also explore the limitations of personalised nutrition, the pros and cons of test data, and how to use biomarkers in the wider context of patient-centred, whole-person health care taking into account the unique environment, personal preferences, and psychology of individuals.

Finally, an important feature of the NMI Summit is connection with colleagues, with ample time between presentations, an Exhibition Area and a Gala Evening creating space for shared experiences and inspiration. We look forward to seeing you there.

[See the full event here](#)