

# PERSONALISED NUTRITION VIA THE MICROBIOME, GENOME, & BIOMARKERS:

Recent Advances & Clinical Applications



**NMI SUMMIT**

7-8 October 2022, London

To reserve your place at this important event please visit:  
[nmi.health/summit2022](https://nmi.health/summit2022)

An event by



Nutritional Medicine  
Institute

## CONFERENCE DETAILS

Personalised nutrition leverages individual information to deliver tailored diets, nutritional supplements, and behavioural changes to improve functional status and optimise health.

Data derived from a person's **microbiome**, **genome**, and **clinical biomarkers** are rapidly advancing the science and practice of **personalised nutrition** and the delivery of **precision health**.

This conference provides clinicians with important insights into recent advances in personalised nutrition from world-leading experts in this area and their applicability and relevance to clinical practice.

Topics will explore the role of biomarkers in the personalisation of therapeutic diets, specific foods, and food components, as well as nutrient-based supplements, and their integration in whole-person, patient-centred models of healthcare.

Including ample breaks to reconnect with colleagues and build new connections. The Gala Evening celebrates our shared vision of better healthcare and time together.

## FEATURING:

- Alessio Fasano, MD
- José Ordovás, PhD
- Denise Furness, PhD
- Ted Dinan, PhD
- Deanna Minich, PhD
- Benjamin Brown, ND

## LOCATION

Millennium Gloucester Hotel  
4-18 Harrington Gardens  
South Kensington,  
London, SW7 4LH



To reserve your place at this important event please visit:  
[nmi.health/summit2022](https://nmi.health/summit2022)

An event by



Nutritional Medicine  
Institute