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Personalised Nutrition via the Microbiome, Genome, & Biomarkers: Recent Advances & Clinical Applications

NMI SUMMIT

7-8 October 2022

CONFERENCE DETAILS:

Personalised nutrition leverages individual information to deliver tailored diets, nutritional supplements, and behavioural changes to improve functional status and optimise health.

Data derived from a person’s microbiome, genome, and clinical biomarkers are rapidly advancing the science and practice of personalised nutrition and the delivery of precision health.

This conference provides clinicians with important insights into recent advances in personalised nutrition from world-leading experts in this area and their applicability and relevance to clinical practice.

Topics will explore the role of biomarkers in the personalisation of therapeutic diets, specific foods, and food components, as well as nutrient-based supplements, and their integration in whole-person, patient-centred models of healthcare.

Including ample breaks to reconnect with colleagues and build new connections. The Gala Evening celebrates our shared vision of better healthcare and time together.

Live Event

Millennium Gloucester Hotel

4-18 Harrington Gardens

South Kensington

London, SW7 4LH

Buy tickets (Button to link to 🡪 <https://bit.ly/NMIsummit2022> )

“This event brings together world-leading pioneers in the fields of nutrigenomics, the microbiome, and clinical nutrition including some of the most highly cited and published researchers in their respective fields and clinicians who are translating discoveries to practice. A truly unique opportunity, not to be missed.”

Benjamin I. Brown,Director, the Nutritional Medicine Institute

EVENT HIGHLIGHTS:

* + Special theme of personalised nutrition, the microbiome, and nutrigenomics
  + 12 presentations from world-leading researchers, scientists, and clinicians
  + Healthy morning snacks, break refreshments, and lunch inclusive
  + Exhibition area featuring leading brands and services
  + Conference tote bag with sponsor samples and giveaways
  + Gala Evening social event included with your ticket
  + Course materials including notes, supplementary research, and video recordings
  + Accredited continuing professional development (CPD) points

SPEAKERS & THEIR TALK TITLES INCLUDE:

Alessio Fasano, MD

The Importance of Adequate Nutrition and the Balance of the Intestinal Microbiota in the Process of Health and Disease

The Role of Gut Microbiome in Influencing Autism Pathogenesis via the Gut-Brain Axis

Jose Ordovas, PhD

Precision Nutrition and Healthy Aging

Time Matters: Chronobiology and Precision Nutrition

Denise Furness, PhD

An Introduction to Nutrigenomics in Clinical Practice

Nutrigenomics and Autoimmune Disease: Thyroid Health

Deanna Minich, PhD

The Science & Art of Integrating Personalised Nutrition with Psychological Characteristics

Personalised Nutrition & Lifestyle for Women’s Health: From Cycles to Pauses

David Smith, DPhil, FMedSci

Identifying Nutritional Risk Factors for Dementia

Modifying the Disease Process in Alzheimer’s Disease by B Vitamins: The Importance of Subgroups

Ted Dinan, PhD

Brain-Gut-Microbiota Axis: Relevance for Psychiatry and Neurology

How Does the Mediterranean Diet Positively Impact Mental Health?

Places are limited. Reserve your place now to avoid missing out.

Early Bird tickets available until 31st August

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